Personal Social Health Economic Education
How can people make healthy choices?

Facts

What two types of health are there?

Mental health and Physical health

How can people keep themselves healthy?

Healthy diet, regular exercise, quality sleep, keep hydrated.

Vocabulary

Health- a state of complete physical, mental and social well-being

Well-being- being comfortable, healthy, or happy.

Social- interacting and enjoying the company of others

Geography
Where does our food come from?

Facts

What food grows in England?

Root vegetables like carrots, potatoes and parsnips. Fruit like apples, pears and berries.

Where does the rest of our food come from?

Food like bananas, pineapples, tomatoes, lemons etc. come from warmer countries.

Vocabulary

Climate – how hot and cold a country is.
Root vegetables– vegetables that grow under ground.
England – The country that we live in.
Abroad – other countries.

EYFS   Topic Mat   Summer 1

Animal magic

You can help your child with their topic learning by asking them about the facts and vocab.

By the end of this half term all children should be able to remember and say these key facts.

Thank you for your continued support.

Science
What do animals eat?

Facts

Do animals eat the same food as humans?

Some animals eat fruit and vegetables like humans. Some animals eat meat that has not been cooked. Some animals eat plants that are not safe for humans to eat.

What different types of diets can animals have?
They can be an Omnivore, herbivore, or a carnivore.

Vocabulary

Carnivore- Animals that eat meat.

Herbivore-Animals that eat plants, fruit and vegetables.

Omnivore– Animals that eat meat, plants, fruit and vegetables.

Art
How can paint be changed?

Facts

What are Primary colours?
Red, yellow and blue

How can paint colour be changed?
Mixing (combining colours)
Texture (changing the appearance)
Tint (lightening colour)
Shade (darkening colour)

Vocabulary

Mix- to combine or put together.
Tint- lightening a colour using white.
Shade- darkening a colour by adding black.
Texture- how something looks or feels.